Regular Upward Bound

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What is Regular Upward Bound

The Regular Upward Bound (RUB) project provides fundamental support services to low-income students from families in which neither parent holds a bachelor's degree. RUB provides opportunities for participants to succeed in pre-college performance and, ultimately, higher education pursuits. RUB’s ultimate goal is to prepare its participants to graduate from college.

Services Provided

Summer Residential Program with instruction in math, laboratory science, composition, literature and foreign language
Hands on college-prep projects, activities and tutorial assistance
Academic and financial advising
Exposure to cultural events and academic programs
Exploration of a range of career and college options
Assistance in researching and selecting a post-secondary educational institution

Assistance in completing college entrance, scholarship searches and financial aid applications
Preparation for college entrance exams
Community-building opportunities and leadership enhancement events
Tutoring Services
Information on a full range of Federal Student Financial Aid programs and benefits
Guidance and assistance on secondary school re-entry or alternative education programs

Criteria for Selecting Eligible Participants

Be currently enrolled in one of the Regular Upward Bound target high schools.
Be a potential first generation college student (Families must meet U.S. Department of Education income requirements.)
Be a citizen or national of the United States or a permanent resident of the United States.
Have a need for academic support as determined by the grantee.
At the time of the initial selection, have completed the eighth grade, and be between the ages of 15-18.

Demonstrate motivation and desire to attend a post-secondary educational institution.
Demonstrate ability or motivation to pursue a math, science, or technology program beyond high school.

Costs Involved

All program costs are FREE to participants. In addition, RUB participants may receive a stipend for satisfactory participation in Upward Bound events. However, additional funds may be required for extended college trips.